



# School District of Beloit Elementary Lunch

## September 2017

Great news! All enrolled students of the School District of Beloit are eligible to receive a healthy breakfast and lunch at school for FREE each day of the 2017-2018 school year. Your child/children will be able to participate in these meal programs without having to pay a fee or submit a meal application. This program is possible through the Community Eligibility Provision (CEP) of the National School Lunch and Breakfast Program.

A la carte purchases at the elementary and intermediate school level must be paid in advance.

1  
*No School*

4  
*No School*

5  
Chicken Nuggets w/ Sliced Bread  
Deli on the Go:  
Make-Your-Own-Pizza  
All-American Salad w/ Sliced Bread  
Roasted Cauliflower, Cucumber Slices, Fruit & Veggie Bar

6  
Soft Shell Tacos w/ Mini Pretzel  
Deli on the Go:  
Make-Your-Own-Pizza  
All-American Salad w/ Sliced Bread  
Refried Beans, Celery Sticks, Fruit & Veggie Bar

7  
Chicken Patty  
Deli on the Go:  
Make-Your-Own-Pizza  
All-American Salad w/ Sliced Bread  
Mashed Potatoes, Baby Carrots, Fruit & Veggie Bar

8  
Max Cheese Sticks w/ Marinara Sauce  
Deli on the Go:  
Make-Your-Own-Pizza  
All-American Salad w/ Sliced Bread  
Steamed Broccoli, Red Pepper Strips, Fruit & Veggie Bar

11 **Happy Pancake Day!**  
Pancake on a stick w/ Goldfish Pretzels  
Deli on the Go:  
C Ham Sandwich  
Popcorn Chicken Salad w/ Goldfish Pretzels  
Dragon Punch, Fresh Broccoli, Fruit & Veggie Bar

12  
Hot Dog  
Deli on the Go:  
C Ham Sandwich  
Popcorn Chicken Salad w/ Goldfish Pretzels  
Green Beans, Red Pepper Strips, Fruit & Veggie Bar

13 **Harvest of the Month**  
Chicken Patty  
Deli on the Go:  
C Ham Sandwich  
Popcorn Chicken Salad w/ Goldfish Pretzels  
Mashed Potatoes, Fresh Zucchini, Fruit & Veggie Bar

14  
Nachos w/ Mini Pretzel  
Deli on the Go:  
C Ham Sandwich  
Popcorn Chicken Salad w/ Goldfish Pretzels  
Refried Beans, Celery Sticks, Fruit & Veggie Bar

15  
Cheese Pizza  
Deli on the Go:  
C Ham Sandwich  
Popcorn Chicken Salad w/ Goldfish Pretzels  
Mashed Potatoes, Grape Tomatoes, Fruit & Veggie Bar

18 **National Cheeseburger Day**  
Cheeseburger  
Deli on the Go:  
Make-Your-Own-Pizza  
Tossed Salad w/ Sliced Bread  
Baked Beans, Tomato Wedges  
Fruit & Veggie Bar

19  
Soft Shell Tacos w/ Mini Pretzel  
Deli on the Go:  
Make-Your-Own-Pizza  
Tossed Salad w/ Sliced Bread  
Refried Beans, Jicama Sticks  
Fruit & Veggie Bar

20  
Chicken Nuggets w/ Sliced Bread  
Deli on the Go:  
Make-Your-Own-Pizza  
Tossed Salad w/ Sliced Bread  
Steamed Carrots, Celery Sticks, Fruit & Veggie Bar

21  
Oven Roasted Chicken w/ Dinner Roll  
Deli on the Go:  
Make-Your-Own-Pizza  
Tossed Salad w/ Sliced Bread  
Mashed Potatoes, Baby Carrots, Fruit & Veggie Bar

22  
Max Cheese Sticks w/ Marinara Sauce  
Deli on the Go:  
Make-Your-Own-Pizza  
Tossed Salad w/ Sliced Bread  
Steamed Broccoli, Cucumber Slices, Fruit & Veggie Bar

25  
Chicken Biscuit  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad w/ Goldfish Pretzels  
Dragon Punch, Fresh Broccoli, Fruit & Veggie Bar

26  
Chicken Patty  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad w/ Goldfish Pretzels  
Mashed Potatoes, Red Pepper Strips, Fruit & Veggie Bar

27 **Harvest of the Month**  
Corn Dog  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad w/ Goldfish Pretzels  
Green Beans, Fresh Zucchini, Fruit & Veggie Bar

28  
Nachos w/ Mini Pretzel  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad w/ Goldfish Pretzels  
Refried Beans, Celery Sticks, Fruit & Veggie Bar

29  
Cheese Pizza  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad w/ Goldfish Pretzels  
Mashed Potatoes, Baby Carrots, Fruit & Veggie Bar

### Did you know...?

Pancake Day is September 11<sup>th</sup>  
National Cheeseburger Day is September 18<sup>th</sup>  
Harvest of the Month is Zucchini

### Harvest of the Month...

Zucchini is a vegetable and has just 25 calories in ½ cup serving. This vegetable has more potassium than a banana.